

20% off cleaning of any 3 or more Mattresses!

STEAMY'S CARPET CARE

www.steamys.com.au**1300 88 11 10**

Time to treat your home for allergies?



In Australia about one in five people suffer from allergies, which can affect the whole body, or just the nose and eyes, creating, hay fever, asthma, and eczema. More than 25% of Australian children now have asthma symptoms, according to the Cooperative Research Centre for Asthma.

What you may not know is that dust mite and pet allergen found indoors are one of the leading causes of allergic diseases and that people with relatively mild allergies can develop very serious, chronic and even life threatening illnesses if they continue to be exposed to these allergens.

There is now a revolutionary new anti-allergen cleaning and treatment program called the Responsible Care System that allows your cleaning professional to safely, easily and affordably reduce the levels of these serious allergens by 90% or more!

No matter how spotless your home, it is impossible to eliminate or clean away dust mites. And most people can not bear to part with a beloved family pet even though this is the number one recommendation of doctors. The secret of the Responsible Care System is the use of specialized cleaning agents followed by application of Allergy Relief Treatment™ on carpets, mattresses, upholstery, rugs and bedding.

Allergy Relief Treatment™ has been proven effective in denaturing the protein allergens from dust mite droppings, cockroach droppings, dog dander, and cat saliva. Allergy Relief Treatment™ is a water-based solution that contains a powerful active ingredient derived from naturally occurring extracts found in certain fruit and vegetable seeds. It works by changing the shape of the allergen protein, making them unrecognisable to the body, preventing them from causing an allergic reaction.

This treatment is non-toxic, dye and perfume free, contain no volatile organic compounds, phosphates or other hazardous materials and are biodegradable and environmentally safe.

If you require a complimentary quotation on cleaning your carpets, mattresses, upholstery, rugs and bedding using Allergy Relief Treatment™ please contact our office on 1300 88 11 10. Our friendly and professional technicians will be more than happy to answer any of your questions.



EXTENSION OF JULY SPECIALS!

Due to their huge popularity our July Specials have been extended! Get in quick for any of the following: **Book three or more rugs for cleaning and pick up and delivery is free*!**

*Conditions apply

Purchase rug padding with your rug cleaning and receive 10% off the price of the rug padding!

Refer a friend to Steamy's

If you refer a friend to Steamy's and they book a job with us, you will receive a \$20 voucher toward your next service!

Gidon's tips for reducing allergens at home!



The first room to tackle is the bedroom and in particular the bedding:

- Wash sheets and pillow cases weekly in water hotter than 55°C. This will kill dust mites and wash away the allergen they produce. If you cannot wash in hot water, use a commercial product containing essential oils such as tea tree or eucalyptus oils, formulated to kill dust mites in cold water. If washing normally, hot tumble drying of washed items for 10 minutes after they are dry will kill mites.
- Cover mattress, pillow and quilt with dust mite resistant covers. Suppliers include Allergend, Allerseach and Mite guard. Check with your health fund as they may provide a rebate for the purchase of these items. The covers must be washed every 2 months. If covers are not available, wash blankets and non-encased washable doonas every 3 months in hot water.
- Remove sheepskin or woollen underlay's.

Once you've taken care of the bedroom move onto other areas in the home:

- Damp dust or use electrostatic cloths to clean hard surfaces (including hard floors) weekly.
- Vacuum carpets weekly. However, vacuuming increases the amount of house dust mite allergen in the air for up to 20 minutes. So if possible, ask someone else to do the vacuuming and wait for 20 minutes before re-entering the room. High efficiency particulate air (HEPA) filter vacuum cleaners may remove more allergen than other vacuum cleaners. Unfortunately, they still temporarily increase the amount of dust mite allergen in the air.
- Reduce humidity - have a dry and well ventilated house, adequate floor and wall insulation and Avoid using evaporative coolers (water cooled air conditioners) and unflued gas heaters, as these both release water into the air and can increase indoor dust mite and mould levels.
- Windows - venetian blinds or flat blinds are easier to clean than heavy curtains. Washable curtains or external shutters are other options.